

# VERTEBROPLASTY

Vertebroplasty and Kyphoplasty are both minimally invasive techniques to place cement in vertebral compression fractures.

The main purpose of either procedure is to minimize pain as soon as possible and minimize complications and side effects from more traditional treatment. The technical differences and

implications between the two techniques are sometimes

important and sometimes not so important. Vertebroplasty does

not focus on restoring the smooth in the vertebra as much as

Kyphoplasty. If you should opt for either procedure, that final

decision would be between you and your doctor. The procedure

is minimally invasive as an outpatient with twilight anesthesia.