

ARTIFICIAL CERVICAL DISC REPLACEMENT

Artificial cervical disc replacement can be an option for some patients. The main difference between replacement and ACDF is motion sparing. There is unquestionably some preservation of flexion/extension, rotation/side bending; however the amount of motion spared may not even be noticeable to the patient. The main idea behind motion sparing is that there may be some reduction in unintended developments years or decades down the road. The main objective of any surgery is to always go for the best possible outcome for each individual patient. Obviously, all final decisions in regards to most appropriate procedure are between patient and MD.